





Heartbeat International's

# CONFERENCE

advancing pregnancy belp

St. Louis, Missouri April 7-10, 2015 HeartbeatServices.org



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## Conference

at a glance

### TUESDAY, APRIL 7

### **Pre-Conference**

8am: In-Depth Day registration 9am to 5pm: In-Depth Day

(see page 6)

Lunch & Keynote: with Bridget VanMeans

### WEDNESDAY, APRIL 8

8am: Registration & Exhibit Hall opens

Lunch & Keynote with Brad Mattes

Workshop Session A

Workshop Session B

Dinner & Keynote

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with Astrid Bennett Gutierrez, MEV

### THURSDAY, APRIL 9

Morning Keynote with Freda Bush, M.D., FACOG Workshop Session C Lunch & Keynote

with Chuck Donovan
Break & Prayer Time

provided by Missouri Prayer
Global Ministries

### FRIDAY, APRIL 10

Morning Keynote
with Kristan Hawkins

Workshop Session D

Lunch & Keynote

with Jor-El Godsey

Workshop Session E

Workshop Session F

**Closing Banquet** 

with Brad Stine

### **Hotel Information**

Hyatt Regency St. Louis at the Arch 315 Chestnut Street, St. Louis, MO 63102 Phone: 1-314-655-1234

### **Room Rate**

\$139/Night (Single/Double)
Reserve your room through link on
HeartbeatServices.org

# 2015 WORKSHOP TRACKS

### **Board Business**

Designed for board members and primary leaders who govern and guide, Board Business will challenge both veterans and novices alike.

### **Gaining Perspective**

Go deeper by discovering how abortion is affecting - and is affected by - the bigger picture of our world in Gaining Perspective.

### **Staff Stuff**

Leading a staff of any size can be every bit as challenging as reaching and serving a client. Take the next step forward as a leader, or sharpen your existing abilities, with Staff Stuff.

### **Fundraising Dynamics**

Fundraising and friend-raising are critical for ministry and mission. Fundraising Dynamics offers essential tips for engaging new donors and increasing long-term support.

### **Advancing Leaders**

Whether you've been a pregnancy help leader for 20 years or 20 minutes, Advancing Leaders is designed to give you the tools you need to walk out the door the best leader you can be.

### **Marketing Ministry**

Marketing is key in connecting to a community, particularly as you seek to extend your reach to the women and families in your sphere.

### **Sexual Integrity**

Reflecting the core of Heartbeat International's Sexual Integrity<sup>™</sup> Program, Sexual Integrity features presentations that reinforce the proper expression of the gift of sexuality.

### **Client Intervention**

Dealing with clients is no simple task. Increase your awareness and deepen your understanding of your client's behavior, culture, and needs, with Client Intervention.

### **Spiritual Refreshment**

The heart of our work is spiritual. That's why Spiritual Refreshment addresses the spiritual dynamics pregnancy help leaders like you face every day.

### **Healing Care**

How does your organization minister to women and men dealing with long-term effects and guilt often associated with abortion? Sharpen your approach with Healing Care.

### **Medical Matters**

Gain insight from medical professionals covering a wide range of topics related to your pregnancy help organization while earning nursing contact hours in Medical Matters.

### **Ultrasound Advancement**

Make the most of your ultrasound services and gain nursing contact hours thanks to Ultrasound Advancement.

### **Housing Helps**

Presented by pregnancy help housing experts, Housing Helps highlights the process of extending care beyond the first visit, solidifying a life decision for a lasting impact.

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Register online today at HeartbeatServices.org

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# MEET THE KEYNOTE PRESENTERS



**Bridget VanMeans** 

ThriVe St. Louis Pregnancy Resource Center, President

Bridget is an accomplished management professional with over 20 years' experience leading an array of high profile corporate and faith-based projects. She is known for her radical faith and bold pro-life stance.



### **Chuck Donovan**

Charlotte Lozier Institute, President
Chuck, a member of Heartbeat's Board
of Directors, has played key roles in the
development of public policy, including legal
protection for the unborn, public financing
of abortion, compassionate alternatives
to abortion. Chuck's role as President of
Charlotte Lozier Insitute grew from his
previous post at the Susan B. Anthony List.



### **Brad Mattes**

Life Issues Institute, CEO
Brad is a veteran of the pro-life cause, with over 38 years' educational, political, and humanitarian experience. Currently, he serves in many ways to protect innocent human life, including counseling men, acting as a media spokesperson, and speaking at pro-life banquets and educational events.



### Kristan Hawkins

Students for Life of America, President Since launching SFLA's full-time operation in 2006, Kristan has helped more than tripled the number of campus pro-life groups in the United States, from 181 to almost 800 in 49 states, and grown the SFLA National Conference from 450 in 2007 to 2,000 in 2012.



Astrid Bennett Gutierrez, MEV

Los Angeles Pregnancy Services,

Executive Director

In addition to her work as an Executive Director, Astrid is also President of Hispanics for Life and Human Rights, an organization that assists the Archdiocese of Los Angeles to form Hispanic Respect Life groups in local parishes.



### Jor-El Godsey

Heartbeat International, Vice President Jor-El jumped into the pro-life arena in 1988, volunteering with a Florida pregnancy help center in its start-up stage. After serving in many different roles there and as Executive Director at a center in Colorado, he relocated to Columbus, Ohio to join Heartbeat International in 2006.



Freda Bush, M.D., FACOG

Medical Institute for Sexual Health, CEO/President

Dr. Bush serves as Medical Director to the Center for Pregnancy Choices, Metro Jackson, and the Women's Resource Center of Jackson. To help women "raise a standard," she teaches and encourages a lifestyle of abstinence until marriage, and fidelity within marriage.



**Brad Stine** 

Christian Comedian

Brad Stine is the most media covered Christian comedian in the country. He tours nationally on a regular basis performing in clubs, churches, and fundraisers for pregnancy help organizations, ministries and conservative causes and candidates.



"Monument to the Dream"

St. Louis' Gateway Arch was built in 1963 as a monument to Thomas Jefferson and all those pioneers for whom St. Louis was the Gateway to the West. Honoring Jefferson's role in the Louisiana Purchase that made Westward Expansion possible, the Arch is 630 feet, 63 stories, 192 meters, or 7,560 inches tall.

It takes approximately 45 minutes to complete a trip to the top of the Arch and back down. Be sure to visit this magnificent monument during your visit to St. Louis. Or, just look out your hotel room!



# Special Worship with Lauren Roman

Actress/Recording Artist
Lauren Roman's passion for prolife ministry is rooted in a powerful personal testimony. Lauren became a successful actress at just 19, best known for her role as Laura Kirk English on the ABC soap "All My

Children". Today, she is a fervent advocate for PRC ministries, speaking nationwide to garner support for their work. As an accomplished singer and worship leader, Lauren also uses music to reach people's hearts in a profound way.

2015 Heartbeat International Annual Conference



# CONFERENCE WORKSHOPS

Workshops subject to change. Check HeartbeatServices.org for most current information.

Session	Board Business	Gaining Perspectives	Staff Stuff	Fundraising Dynamics	Advancing Leaders	Marketing Ministry
Wednesday April 8 2-3:15	Dysfunctional Boards Peggy Hartshorn, Ph.D.	Exploring Abortion's Role in Intimate Partner Violence Martha Shuping, MD	Building the Best YOU Lori DeVillez	The Power of Story: What Makes You Different? Mike Williams & Gordon Douglas	The Cardiac Test for Biblical Leadership Tom Lothamer	Secrets of Persuasive Presentations Bruce Smith
B Wednesday April 8 3:45-5	7 Truths Your Board Needs to Know Mike Williams	Making Friends with Pro-Choice "Enemies" Samuel Lee	The 3 C's: What Your Staff Needs to Know Ellen Foell, J.D.	Beyond Survival: Generating Sustainable Gifts Jim Kebe, MPS	Stuck in the Season Between Dreams Pat Layton	Making a Difference with Generation Z Dawn Marie Perez, LAS
Thursday April 9 10:30-11:45	Are You Ready? Protecting Against Legal Attacks Jeff Mateer, J.D.	Surveying the Legal Landscape Anne O'Conner, J.D. & Thomas Glessner, J.D.	Personal and Organizational Accountability Tony Gruber, CPA	Behind the Scenes of a Blow-out Banquet Kirk Walden	Fixing the 3 Biggest Leadership Mistakes Betty McDowell, LSW, LAS	Making Friends with Online Marketing Jeffrey Paulette
Friday April 10 10:30-11:45	Measuring the Value of Your Free Services Connie Ambrecht, RDMS, CMB	What a Difference a Mobile Unit Makes! Adam Barton	Developing a Dynamic Team Jenny Langness	Fundraising in the Hispanic Community Astrid Bennett Gutierrez, MEV	Visioneering: The Power to Inspire, Increase, and Fuel Mark Vermillion, M.A. & Joe Baker	Transforming Churches for Life Mike Brady, M.A.
Friday April 10 2-3:15	Converting Demographic Data into Strategy Dennis Fromhozer, Ph.D.	4 Ways a Coalition Impacts Your Center Sommer Hansen	Everyday Lifesaving Superheroes! <i>Dan Kulp</i>	Crafting the Message Your Donor Wants to Hear Tammy Kocher	Followership 101  Julie Moore, LAS	Search Engine Marketing 101 Christy Poloni & Bri Laycock, LAS
Friday April 10 3:45-5	Setting a Mark for Success <i>Lori DeVillez</i>	Discussing Abortion and Race in Polite Company Pat Upchurch & Connie Eller	Setting Up Your Organization for Success Nile Abele	Extending the Invitation to Give Debbie Nieport, LAS	Taking Care of YOU Barb Gosa	Google Basics Bri Laycock, LAS

Register online today at HeartbeatServices.org



# ST. LOUIS, MISSOURI

	Sexual	Client	Spiritual	<b>Healing Care</b>	Medical	Ultrasound	<b>Housing Helps</b>
	Integrity Promoting	Interventions  Essentials for	Refreshment	Invitation to	Matters  Recognizing	Advancement	110 u.s.mg 110.1p.s
	Chastity in the Latino Community Fr. Augustino Torres, CFR	Breaking the Poverty Cycle Joneen Mackenzie, RN, BSN, CPS, SRAS	Who, Me, Lord?: Overcoming Reluctant Leadership Cindy Hopkins	Healing: A New Model for Milennials Michaelene Fredenburg	the Effects of Emotional and Sexual Trauma Helen Risse, RN, MSN	Is this Pregnancy Viable? Shari Richard, RT, RDMS	3 Key Ingredients to Make a Home Anne Pierson
	Embracing the Amazing Cycle of Fertility Emily Sederstrand	Project Blueprint: A Model for Engaging Men Clarke Clayton	Answering the Call of the Incarnation Thomas Frei, M.A.	Healing the Shockwaves of Abortion Fr. Frank Pavone & Janet Morana, M.A., Ph.D.	hockwaves of Right?" Abortion Understanding the STI Epidemic Janet Morana, Mischa Long,		Intervening in the Midst of Trauma Belinda James, MOFDC, MSW
٠	Envisioning Her for a Lasting Marriage Catherine Wood, LAS, SRA	How Adoption Practices Have Changed Kristin Meyer, LMSW	Love Your Life: Turning Obstacles into Opportunities Derrick & Julie Tennant	Sharing the Gospel with a Post-Abortive Woman Mary Gibson & Julie Parton, Ph.D.	Reducing the Risk of HIV, STI, and Unintended Pregnancy Freda Bush, MD, FACOG	Ultrasound Scanning: Achieving a High Standard Dotsy Davis, BSRT, RDMS, RVT	Adoption: A Choice Everyone Can Live With Grace Dulaney
	Building Skills for Life and Love Joneen Mackenzie, RN, BSN, CPS, SRAS	Removing the Masks of Relationships Catherine Wood, LAS, SRA	Filled Up to Pour Out Anne Pierson	Unclaimed Baggage: Getting Off the Carousel of the Unresolved Past Fern Buzinski & Stefanie Libertore	Abortion Pill Reversal and Your Clinic Debbie Bradel, RN, BSN, PHN	Routine, Advanced, and Abnormal Scans Jim Scheffler, RDMS	Creating Culture and Building Traditions Mary Peterson
	Milennial Madness Jeffrey Dean	The Power of Possibility Kristin Wermus	Defined by the Heart of God Debra Neybert, MA, LAS	What to Say When She's Had an Abortion Kim Olsen, LAS	Medical Ethics in Your Center James Harden, M.Div	Image Optimization: Getting the Perfect Picture Kim Hardy, MA, RT(R), RDMS	Healing Relationships After Abortion Theresa Bonopartis
	Resisting the Rhetoric of "Abstinence Intimidation" Valerie Huber & Mary Anne Mosack	Human Trafficking and Predatory Relationships Cindy Collins, BCBT	Crazy Expectations: Increasing Your Faith Daphne Dahlem, LAS	Creating a Safe Place for the Latino Client Evangely Aliangan Ward	Recruiting Great Medical Professionals Audrey Stout, RN, RDMS	The Impact of Professional Organizations on Imaging Connie Ambrecht, RDMS, CMB	Helping her Make a Lasting Change Callie Neff

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## PRE-CONFERENCE IN-DEPTH DAY

## Tuesday, April 7 | 9 a.m. to 5 p.m.

### **Spiritual Refreshment**

Anita Keagy, JoyShop Ministries

Preparing our hearts for pro-life work presents particular challenges for each of us, but those challenges are best met by continuing to seek God first. Anita will lead a day of understanding what our hearts seek and challenging us to always seek God first.

### Making the Case for Life

Mike Spencer, Life Training Institute

Do you ever find yourself struggling for the words to defend your pro-life stance? Mike will equip you to respond to popular "pro-choice" arguments and to expose the logical fallacies of abortion-choice rhetoric without the need for vitriol and angry dialogue.

### **Cultivating Relationships with Major Donors**

Howard & Jill Taylor, Rediger Taylor Group, LLC Regardless of the size of your center's budget, there are steps that you can take to help you secure major contributions for operations, programs and capital needs. This seminar will focus on how to identify, research, cultivate, and invite major contributors to invest in your life-saving endeavors.

### **Creating a Life-Affirming Home**

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Mary Peterson, Heartbeat International

Housing ministries at any stage of development will enjoy this day themed around "Basic Principles that Foster Innovation." Content will include organizational life cycles, leadership styles, and fundraising for housing programs, plus a panel discussion that will spark your imagination!

### **Media Relations Training and Consulting**

Bruce Smith, Alliance Defending Freedom
Media relations is truly relationship-based. In Media
Relations, prepare and equip yourself to establish and maintain
productive relationships with a variety of media contacts,
as well as successfully manage interviews to persuade and
motivate the court of public opinion.

### **Volunteer Training: The LOVE Approach**

Betty McDowell, LSW LAS, Heartbeat International
This interactive training is for new volunteers, trainers of new volunteers, and will be a refresher for experienced client services staff. This training in effective and compassionate outreach is used by pregnancy help organizations all over the world. Those in attendance will receive The LOVE Approach<sup>TM</sup> Training Manual.

### \*Making a Difference with STI Services

Karolyn Schrage, RN BSN, Life Choices Medical Clinics
This course gives a proactive medical response to equip
and empower health care providers in defining and refining
strategies for positive healthy outcomes among individuals
facing a sexual health crisis. Come learn how to establish a
care-connection so you can move to the top of the list as the
clinic of first choice.

### **Sexual Integrity Training**

Helen Risse, RN BSN, Our Lady's Inn

Whether your clients are teens or adults, married or single, this training equips you to grow a Sexual Integrity Program customized to your community. Through *Sexual Integrity Program Essentials*, your center can empower a client to make positive choices for her future. Those in attendance will receive *Sexual Integrity* TM *Program Essentials*.

### H.E.A.R.T. & Healing from Abortion

Debra Neybert, MA LAS, Heartbeat International H.E.A.R.T. (Healing the Effects of Abortion Related Trauma), in-depth day will help you implement the H.E.A.R.T. Program in your pregnancy help organization. The material will cover God's provision for healing, effective leadership, the group process, spiritual opposition, post-abortion stress, and tasks of healing for both men and women seeking recovery. Those in attendance will receive H.E.A.R.T. Training Manual.

### **Legal Essentials**

Ellen Foell, J.D., Heartbeat International

Many of the topics discussed at this in-depth day are applicable for any non-profit organization, including pregnancy help centers, maternity homes, post-abortion programs, adoption services, and other pro-life ministries. Legal Essentials will highlight parameters for successful legal compliance, real-life examples to help you protect your ministry, and criteria to evaluate when to seek legal help.

### \*Ultrasound: Strengthening Foundations

James Scheffler, RDMS, Innovative Imaging Technology
Participants in this interactive in-depth day will get a review of basic didactics, routine imaging, and model scanning on four machines. Basic and advanced scanning techniques as well as general ultrasound principles will be covered.

### For Men Only - Men's Round Table

Sol Pitchon, New Life Solutions

Facilitated by ministry veterans, Sol Pitchon and Jor-El Godsey, this gathering will explore strategic, tactical, and practical opportunities and challenges facing the men in a so-called "women's issue." For any man actively serving in a leadership, support, paid staff, or volunteer role.

Register online today at HeartbeatServices.org

<sup>\*</sup>Provider approved by the California Board of Registered Nursing, Provider Number 16061 for 6 contact hours for each In-Depth Day





# Continuing Education Information

The following Continuing Education Units (CEU's), Contact Hours, and Designation Certificates are offered again this year.

### For Nurses

The Medical Matters and Ultrasound Advancement workshops, and Making a Difference with STI Services and Ultrasound: Strengthening Foundations In-Depth Days have been approved for nursing continuing education contact hours by Heartbeat International. Provider approved by the California Board of Registered Nursing, Provider Number 16061 for 1.25 contact hours for each workshop and 6 contact hours for each In-Depth Day.

### Life-Affirming Specialist (LAS)

LAS application and renewal is offered by Heartbeat International. In-Depth Day and Conference Workshops have been approved for LAS continuing education hours.

### **Cancellation Policy**

All refund requests must be made in writing. Full refunds may be issued until 12:00 AM EST (midnight) March 3, 2015. A 50% refund is available from 12:01 AM EST March 3, 2015. to March 17, 2015. Method of payment may require additional transaction fees.



## 2015 CONFERENCE REGISTRATION

The 2015 Heartbeat International Conference will be recorded and photographs will be taken for publicity and promotional purposes. Your registration constitutes your consent to being recorded and/or photographed.

Please fill out one registration form per person. Copy registration as needed.

\*\*Register online at HeartbeatServices.org

### Conference Bundle - Tuesday-Friday, April 7-10

Includes In-Depth Day (please select from the choices below) + Conference Registration.

- □ \$459 Early Bird Registration received by March 3, 2015
- □ \$569 Regular Registration received after March 3, 2015 and before March 17, 2015
- □ \$679 <u>Late Registration</u> received after March 18, 2015

### Pre-conference opportunities - Tuesday, April 7 (See Page 6 for more details.)

☐ In-Depth Day Registration (On-site registration starts at 8:00 a.m.)

Registration includes sessions, materials, and lunch. Prices listed below are the registration costs per person. Choose only one session.

☐ Early Bird: \$140	☐ Regular Price: S	\$1	<b>□</b> Late Registration: S
Spiritual Refreshment		1	Volunteer Training: The LOVE Approach
Making the Case for Life		N	Making a Difference with STI Services*
Cultivating Relationships with Major	Donors $\square$	5	Sexual Integrity Training
Creating a Life-Affirming Home		I	H.E.A.R.T. & Healing from Abortion
Ultrasound: Strengthening Foundation	ns* □	Ι	Legal Essentials
Media Relations Training and Consul	ting	]	For Men Only - Men's Round Table

### Registration for Conference - Wednesday-Friday, April 8-10

Includes all general sessions, workshops, and conference meals (Lunches Wednesday-Friday & Dinners Wednesday and Friday). Prices listed below are the registration costs per person.

□ \$359 -	- Early Bird Registration received by March 3, 2015
<b>\$</b> 459 -	- Registration received after March 3, 2015 and before March 17, 2015

$\supset$ \$549 - Late Registration received after March 18, 2	01		5
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Total amount due \$

# **Payment Information**

**CREDIT CARD** - Register online at HeartbeatServices.org

**CHECKS** - Mail registration with payment to Heartbeat International, 5000 Arlington Centre Blvd., Suite 2277, Columbus, OH 43220 Make checks payable to Heartbeat International

Registration must be post-marked on or before March 3 to receive Early Bird pricing and between March 3 and March 17 to receive Regular Pricing. Registration forms post-marked after March 18 will be considered Late Registration.

\*Provider approved by the California Board of Registered Nursing, Provider Number 16061 for 6 contact hours for each In-Depth Day.

2015 Heartbeat International Annual Conference



Heartbeat International 44<sup>th</sup> Annual Conference St. Louis, Missouri April 7-10, 2015



5000 Arlington Centre Blvd., Suite 2277 Columbus, OH 43220

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Join us!

Heartbeat International offers the most dynamic training to equip ministers and empower ministries worldwide in the pregnancy help community through:

- Inspirational keynote speakers
- 70+ informational workshops in 13 tracks
- 12 Pre-conference opportunities
- And much more!



### Who should attend the 2015 Heartbeat International Annual Conference?

Heartbeat's Annual Conference is designed for ministry leaders, staff, board members, and volunteers of life-affirming pregnancy help centers, medical clinics, maternity homes, and non-profit adoption agencies, as well as professionals in the areas of medicine, counseling, social work, and education.



I was blessed beyond measure at Heartbeat's Conference, and was fed amazing knowledge I'm already putting into practice.

WHEN: April 7-10, 2015

WHERE: Hyatt Regency St. Louis at the Arch

315 Chestnut Street, St. Louis, MO 63102

Phone: 1-314-655-1234

CONTACT: Conference@HeartbeatInternational.org

### Save time and money!

Register online at HeartbeatServices.org and receive your Early Bird discount today!